



# May Update 2020

May 20, 2020

DEDICATED TO THE PROMOTION OF THE SPORT OF PICKLEBALL

IN THIS ISSUE

## FROM THE PRESIDENT

By Rico Goedjen

Wow! Who could have imagined these times? I hope everyone is well. There are specific guidelines issued by [USAPA regarding safe play](#). We need to keep these in mind as the restrictions are lifted.

Whenever we get back to playing pickleball, we still will be missing one of its most rewarding elements: the wonderful social nature of the sport. I have made many new friendships and they continue to multiply over the years. Unfortunately the new normal will eliminate this tremendous benefit. Open play will give way to organized play in small groups with little or no change of partners. Let's hope

that we will return at some point to the "old normal" and put the friendship machine back in action.

As I write this the State Supreme Court has ruled against the extended Safer at Home policy. Pickleball courts in Dane County are opening for singles only. Let's hope we are one step closer to an opening for doubles in the near future.

Some good news is the possibility of having dedicated courts added to Vilas Park as part of a major upgrade. Please take the time to check out the [plan](#) and complete this [survey](#). Thanks.

President's Note

CAPA Information

Do You Know the Rule?

CAPA Ball Machine

CAPA Logo T-Shirts

Madison's First National Pickleball

Tournament That Wasn't

Dane County Courts Are Open

Are You Ready to Play Again?

7 Warm-up Tips

Keeping the Pickleball Spirit



CAPA Ball Machine



## CHECK THESE OUT

[CAPA Website](#)

[Upcoming Events](#)

## CAPA BOARD MEETINGS

CAPA Board Meetings are open to the public. Meetings will typically be held on the 2nd Wednesday of the month. Time and location noted in the Agenda on the [website](#).

## COVID-19 & PICKLEBALL

Check out the latest updates on the [CAPA website](#).



## CAPA NEWSLETTERS

Look for the CAPA newsletters four times a year. If there is anything you would like to see included, please let us know by emailing [pickleball@capareapb.com](mailto:pickleball@capareapb.com).

## DO YOU KNOW THE RULE?

By Tim Duket

The 2019 rule 4.M.3. made it a fault for the server missing the ball when trying to hit it. This rule has been removed from the 2020 Rule book. Why so? The USAPA rules committee instructs: "This rule was removed due to inconsistency in determining precisely when the ball passed the front plane of the paddle. The rule was originally designed to prevent fake serves. However, fake serves are rarely used and virtually ineffective." Thus, it is no longer a service fault when the server misses the ball when trying to hit it. Also, if the ball lands on the playing surface without the server swinging at the ball, it is not a fault. Now, when attempting to serve you can miss the ball any number of times. Yet, rule 4.E. says that once the score has been called, the server is allowed 10 seconds to serve the ball. This latter rule is of greater concern to tournament players with a referee than to most recreational players. Check out this [link](#) for a 46-page explanation of various rule changes in the 2020 Rule book.

And here's the [2020 Official Rule Book](#).

## CAPA BALL MACHINE

As soon as we get the "all clear" this will be a great time to consider drilling with the ball machine. The machine is easy to use and comes with enough battery power for 2+ hours of usage. It will be available on a first come, first serve basis with at least 5 days between uses for safety. There is no charge for the first reservation, \$10 for any additional uses. Please contact Rico at [rg53705@gmail.com](mailto:rg53705@gmail.com) to arrange for pick up.

## CAPA LOGO T-SHIRTS

It has been three years since we last offered T-shirts for sale. With many new members we hope there is enough demand to place a new order. We are selecting a different brand to find something that has a more tailored fit. This will also give us some new color options so members can add to their collection. The order form is not ready for this newsletter; things move slowly these days. Watch for an e-mail in the coming weeks.



# MADISON'S FIRST NATIONAL PICKLEBALL TOURNAMENT THAT WASN'T

by Joe Carter

The [2020 National Veterans Golden Age Games](#) have been canceled. It was to be the 34th Annual NVGAG. The big year was 2020! Over 2,000 Veteran athletes from all 50 states were already registered to converge into Madison in June to compete in 18 sports — one of which, and the one with the fastest growing popularity among the athletes: pickleball. The games' registration filled within 2 ½ hours. Over 250 pickleballers were registered to play in a women's, men's, and mixed doubles, double elimination tournament in age brackets from 55 to 95. Game medalists would become eligible for the National Senior Games. To be eligible to compete the Veteran must be 55 years or older, and registered for health care through the Veterans Administration. Cherokee Country Club was to be the host site for the 4 days of competition. Referees were to judge the medal matches. The games were brought to Madison through the efforts of the local VA and the Madison Sports Commission which has also brought The Ironman and The Cross Fit Games to Madison. Scores of local volunteers, myriad sponsors, and the NVGAG National Staff were ramping up to make the games a great success — including a spectacular pickleball tournament. It may take a few years, but Madison hopes to get another chance to host the National Veterans Golden Age Games.

Thank you go to CAPA members who have worked closely with the NVGAG staff over several months of planning: Karen Jerg, facility coordinator, Mike Barone, equipment coordinator, Todd Leider, volunteer coordinator, Joe Carter, competition manager.

## Dane County Courts Are Open

Great news! Pickleball and Tennis courts are opening today, Wednesday, May 20, under modified play rules, as announced through the [Dane Forward](#) plan published by Madison & Dane County Public Health. Check with local municipalities to determine court availability. You may not want to rush out to play immediately — consider the health risks for you and others. The courts remaining open will be dependent upon everyone playing responsibly. Safe-play signage is posted at the courts and available on the [City of Madison COVID-19 website](#). The City expects these rules and guidelines could evolve over the summer. Play is limited to singles only. You may want to consider playing half-court “skinnies” if you aren't comfortable with full court singles. Note: We hope these limitations will be loosened in the weeks ahead, especially if we can show that players are following safe-play guidelines. Play is also restricted to every-other court for now. Bring your own sanitizing kit, masks, etc. Avoid touching common areas, e.g., gate posts, etc. Bring your own personally identifiable ball. Always serve with your own ball, do not touch other pickleballs with your hands. Players are asked to arrive, play, then leave. Considering the proximity of courts to parking lots, open courts may be difficult to observe. Please maintain social distancing and personal protection guidelines at all times. Please also reference [CDC](#), [Madison & Dane County Public Health](#), [USAPA](#) & [USTA](#) guidelines. We will let you know more as soon as we know more.

**Let's all play safely!**

## ARE YOU READY TO PLAY AGAIN?

When you are ready to start playing again, here are some great warm up exercises to help you limber up and play safely:

### [7 Pickleball Warm Ups](#)

## **KEEPING THE PICKLEBALL SPIRIT**

*Some CAPA board members were asked what they are doing in order to keep the pickleball spirit going.*

### **Rico and Jill Goedjen**

One of the first things Jill and I did when we returned from seven weeks in Florida was to try to order a portable pickleball net system. We thought if we can't go to the courts to play, at least we could find a nice flat area to set up our own portable net. Well, no such luck. Every single online source where we tried to buy a pickleball net was met with the words, "out of stock" and "we don't know when we will be getting them in".

We decided we had to find another way to cure our insatiable desire to play. Our solution was devising a "dinking size" court in the garage. I took a clothes line and attached one end of it to the handle of our green recyclable container and the other end to a tall step ladder. The rope "net" divides the garage down the middle and is 34" high.

### **Joe Carter**

Our winter resort in Arizona kept golf, tennis, the pool and pickleball open through mid-April — only because management agreed to the safe-play practices we all followed. Eventually all facilities were closed which led to Joe & Jan erecting a "dinking" court in our driveway, under the shade of the car port. We continued to play daily until the 100+ degree Arizona temperatures favored inside activities and sent us back to Madison May 1. Sadly, no pickleball since!

### **Joanne Crapisi**

Hitting a pickleball against the basement wall is very boring compared to the fun that I have on the pickleball court! So during this pandemic I was trying to figure out what I could do to keep in the pickleball spirit. I hung pickleballs from the rafters in the basement to use for drilling. Well, little did I know just by doing that I was training my dog Gizmo to sniff out pickleball courts!! While on a walk in a neighborhood just south of my neighborhood Gizmo discovered an area staked out for a pickleball court!! Since we travel his skill will be of great use looking for pickleball courts! Looking forward to getting back on the courts!!

### **Karen Jerg**

I hope this CAPA newsletter finds everyone staying healthy and creatively active during these last couple months of no pickleball. I truly miss my daily routine of working out at Prairie Athletic Club and getting in some pickleball three to five times a week. My current activities consist of riding a stationary bike or going out for a bike ride, using hand weights, giving the dog an extra walk each day and yard work. Phil, my husband, and I set up a rope (actually the dog's 30 foot tie out lead) between two post and do pickleball drills as often as we can. As players we are always so eager to play and not drill, that this drilling has been good to do. I also watched a couple afternoons of a free pickleball forum that not only talked about the skills of pickleball, but also about health and wellness. As a CAPA board member we have had a number of zoom board meetings. We are working with various municipalities to get the courts safety opened. Stay Healthy. Stay Well. Hang in there, we will be back on the courts soon.

### **Angie Stone**

I was fortunate to winter in Lake Havasu City, Arizona where I met so many enthusiastic players. I came back to Wisconsin mid-April and I have been drilling pickleball in my basement. It has been a different mentality practicing on my own, but also this made me understand the socialization that comes along with pickleball. We are all a community of players. Looking forward to seeing all of you soon!