



CAPAREAPB.COM

June 2023

DEDICATED TO THE PROMOTION OF THE SPORT OF PICKLEBALL

From the President

By Rico Goedjen

You may have heard that we recently flew past 1,100 members. The voice of Pickleball has never been louder. Your collective efforts have been responsible for new outdoor courts all around the area. When CAPA first organized there were only 2 sets of dedicated courts, now there are over twenty. Lucky for us, as our options grew, along came tools like Playtime Scheduler making it possible to easily find the right time, place and players to have competitive games.

The Board recognized the need to upgrade CAPA in several areas, improving our ability to support the many expectations of our members. You will see these efforts in the proposed changes to the by-laws, our new Policy Compendium, and a more

comprehensive Organizational chart. While dull and administrative, this work was necessary for the future of the Association.

More visible, and probably more impactful, is the new website and support software. Countless hours from a very dedicated group helped select and implement these long overdue improvements.

The final major achievement for this year will be the first Association Tournament, the CAPA Cup. Plan now on attending the annual meeting set for the 17th of August with the tournament play August 18th-20th, all at McGaw Park in Fitchburg.

In this issue

President's Note
CAPA Info
Pickleball Rules Update
Membership Update
New CAPA Website
Fun Prairie Open
The CAPA Cup
Madtown Pickleball Open
Volunteer Opportunities
Etiquette Corner
Skills and Drills
48-48-48 Pickleball Challenge
New Courts Update
The Self-Rated Dilemma
CAPA Player Profile
CAPA Board Elections
CAPA Bylaw Amendments
Pictures!



CAPA Info

BE SURE TO CHECK OUT:

****[Upcoming Events](#)****

CAPA Board Meetings

CAPA Board Meetings are open to the public. Meetings will typically be held on the 2nd Wednesday of the month. Time and location noted in the Agenda on the [website](#).

Pickleball Central Discount

Don't forget to take advantage of the Pickleball Central discount: 5% to you and 5% credited to CAPA.

Discount code is: CRMadison

CAPA Membership

Don't delay – Join today! Click [here](#) for online membership renewal or new membership. Please share with others.

CAPA Newsletters

Look for the [CAPA newsletters](#) four times a year. If there is anything you would like to see included, please let us know by emailing pickleball@capareapb.com

Pickleball Rules Update

Play on!

Rule 11.H. Items on the court: "If any item a player is/was wearing or carrying lands on their end of the court, unless the item lands in the non-volley zone (kitchen) as a result of a volley, the ball remains in play even if it hits the item". The general rule is to play on if you drop something on your end of the court. However, there are two exceptions. The first is dropping something into the kitchen as a result of a volley. A volley is striking a ball during a rally before the ball bounces (3.A.44.). The act of volleying the ball includes the swing, the follow-through, and the momentum from the action (9.B.1.). If you drop something into the kitchen as part of the act of volleying, the fault is on you, even if you just smashed a winner into your opponent's court. Don't forget that the kitchen boundary lines are part of the kitchen (3.A.21.). The other exception to the general rule is dropping an extra ball in a non-officiated match: "If an additional ball that a player was carrying falls on the playing surface during play, a fault shall be declared" (7.N.).

Playing surface is the court and the area surrounding the court designed for playing (3.A.26.).

Check out the 2023 Official Rulebook: <https://usapickleball.org/docs/USA-Pickleball-Official-Rulebook-2023-v2.pdf>

www.capareapb.com

Membership Update

CAPA memberships continue to grow! The membership number is 1,152. In the past 30 days CAPA received 131 new members. Here is the breakdown of how our members self-rate their skill level:

- Beginner (1.00-1.99): 197
- Novice (2.00-2.99): 166
- Intermediate (3.0-3.49): 392
- High Intermediate (3.50-3.99): 244
- Advanced (4.0+): 114

The remainder of the members are not sure what to rate themselves.

Just a reminder that with our new membership system members can update their own profile, which includes skill level. Why is that important? Because event organizers request emails containing signups to be sent to certain skill levels.

The CAPA board is looking forward to continuing to provide opportunities that give value to the CAPA membership.



New Membership Software and Website

Hopefully you have had the opportunity to check out the new CAPA website: www.capareapb.com. This site has a wealth of content regarding Pickleball for the CAPA service region. As our membership has grown to over 1,130 members using google spreadsheets and email packages no longer worked for Board members who volunteer their time managing our membership. The new software handles membership's many processes that are now automated. Because of this, memberships will now run from one year from when you join or renew your membership. Don't worry– when it is time to renew your membership you will automatically be notified via email with a link to renew.

With the technology behind our new website we can limit what non-members can see or view. If you login as a CAPA member you have access to several services including an online member directory (under the main heading of Members) as well as lesson plans and clinic outlines (under main heading of Lessons & Training). In future newsletters we will provide tips and tricks to get the most out of these and other member only resources. The website also has a Contact Us link so if you have suggestions or ideas for improvements please feel free to submit those through the website. Last, but not least, a special thanks to CAPA members Jen Feldman and Michael Wedge who spent hundreds of hours learning the software and then setting it up for our organization.

The screenshot shows the homepage of the Capital Area Pickleball Association website. At the top, there is a navigation bar with links for Home, Join us, Contact Us, and Help. On the right side of the navigation bar, it says "Michael Viney Change password Log out". Below the navigation bar is the CAPA logo, which features a map of Wisconsin and a pickleball. To the right of the logo is the text "Capital Area Pickleball Association" and "Serving Dane County Wisconsin". Below this is a main menu with links for HOME, COURTS, EVENTS, LESSONS & TRAINING, MEMBERS, and ABOUT US. The main content area is divided into three columns. The left column has a heading "EVENTS" and a link for "2023 Firecracker Classic Pickleball Tournament - Janesville WI" dated "1 Jul 2023" with the address "Riverside Park, 2600 Parkside Dr Janesville, WI 53548". The middle column has a heading "Important News for all CAPA Members." and a paragraph stating: "The CAPA Board is proposing changes to the Bylaws of our organization and will ask the membership to vote on these changes at our annual meeting on August 17, 2023 at McGaw Park In Fitchburg. Information about these changes are located **here** as well as under the main menu heading "About Us"." Below this paragraph is a box that says "DEDICATED PICKLEBALL COURTS IN DANE COUNTY". The right column has a heading "LATEST NEWS" and two news items: "May 2023 CAPA News" dated "9 Jun 2023 11:17 AM" by "Joanne Crapisi" and "Save the Date - Annual CAPA Meeting -- August 17 2023" dated "14 May 2023 7:14 PM" by "Michael Viney".

Fun Prairie Open Pickleball Tournament

Wyndham Hills Park
Sun Prairie, Wisconsin

The first Annual Fun Prairie Open Pickleball Tournament was held over the first weekend in June and sponsored by the Sun Prairie Recreation and Forestry Department. The following CAPA members planned and hosted the event: Mary Lalley, Rich Holsinger, Jo Kiesow, Jim Halberg and Mick Viney. Several other CAPA members served as volunteers helping the tournament run smoothly every day. Despite an unusually hot June weekend, nine events were held over those three days with over 184 paid participants. The tournament was a non-sanctioned, recreation-based Pickleball tournament played in a round robin format. Final ranking in each flight and division was based on the USAPA Round Robin tie-breaking rules. The results of the tournament are listed below, and as you can see, CAPA members did very well. With the overwhelming positive comments and feedback from participants, the planning committee is looking forward to an even better tournament next year.

CAPA members are noted by as asterisk * by their name.

3.0 Doubles

Flight 1

First: Jim Held *
Second: Brian Dishler *
Third: Penny Bernard

Flight 2

First: Pat Vosen *
Second: Denny O'Hearn *
Third: Dick Kaalberg *

Flight 3

First: Chris Reuter *
Second: Don Svoboda
Third: Sandy Vosen *

3.0 Women

First: Sara Fisher */Dana Daul *
Second: Candy Cattall */Linda Fariss *
Third: Brenda Lein */Cheryl Maenner *

3.0 Men

First: Brian Dischler */Don Svoboda
Second: Lowell Johnson */Jim Malone *
Third: Clyde Mattie */Michael White

3.5 Mixed

First: Emma Artley/Varun Goenka *
Second: Larry Jansen */Linda Jansen *
Third: Lisa Dillman */Doug Dillman *

3.5 Men

First: Varun Goenka */Carlos Castillon-Ahrens *
Second: Chris Masterson */Danny Lowery
Third: Jeff Bartolamolli/Tracy Rahmlow

3.5 Women

First: Cheryl Mcllquham */Linda Jansen *
Second: Fiona McTavish */Jan Schaefer *
Third: Deb Jenson */Liz Schlagenhaft *

4.0 Mixed

First: Craig Hurda */Lisa Hurda *
Second: Deb Plantz */Chris Masterson *
Third: Lorie Caelwaerts/Justin Fila

4.0 Women

First: Karie Davenport */Michelle Hebert *
Second: Pam Klein */Donna Campanelli *
Third: Stacy Weiner */Lisa Otis *

4.0 Men

First: Dave Griffith/Jim Marckesano
Second : Adam Lukaszewski */David Shi *
Third: Austin Armga/Derrick WinterHack

Check out Fun Prairie photos at the end of the newsletter!

The CAPA Cup

Perhaps too long in coming, our first **member-only** Tournament is set for August 18-20th. Over three days, 18 different bracket titles are up for grabs. McGaw Park in Fitchburg will provide a party atmosphere with a large tent, food carts, and day-long action. Pool play should allow for entrants to finish in a reasonable time frame.

Find a partner and register; each bracket will be limited to 8 teams. Thanks to our presenting sponsor, **Baird Wealth Management**, we are able to keep the costs down: \$25 for one event and \$15 for an additional event. It's worth it just for the fun play, but you also get a T-shirt, other goodies and great socializing! Even if you are not a tournament player, join the fun and cheer on fellow CAPA members!



Photo courtesy of Andy Slawek Photography

Madtown Pickleball Open

The second annual Madtown Pickleball Open, organized by the Madison Area Sports Commission, will take place on July 13th - 16th at Wyndham Hills Park in Sun Prairie. Currently there are over 300 entries. Events are men's/women's doubles and mixed doubles at various age and skill groups. New event this year is split age, one player 60+ and one player 59 and under. Net proceeds benefit the Madison Area Sports Commission Youth Grant Program which provides opportunities for area youth, who may have financial limitations, to experience the benefits of sports. Registration ends Monday, July 3.

Volunteer Opportunities!

Attention all Pickleball enthusiasts! CAPA is seeking dedicated volunteers to help make our events a smashing success! Whether you're a seasoned player or simply passionate about the sport, we need your help to organize and run various exciting events throughout the year. From tournaments that bring together players in the area (we're planning our first, fun CAPA Cup) to fun-filled social gatherings for players of all skill levels, there's an opportunity for everyone to contribute! Whether you're a 'doer', have expertise in event planning, coaching, or just lending a helping hand, your involvement will make a significant impact on our vibrant Pickleball community! Join our team of volunteers, be part of the action, and help us continue to promote the spirit of Pickleball in our association. Together, we can serve up unforgettable experiences and foster the growth of this fantastic sport! Please contact Shelley Reynolds at MadCityShelley@gmail.com

Etiquette Corner

By Kevin Devine



Line Calls, Part 1: Perception

It happens all of the time. You make a great shot that you know landed in bounds but your opponent called it out. You wonder: how could they be so blind? They may have made an honest call but were hampered by the limits of perception. How close should the ball be before we confidently call it in or out?

Rule 6.D.6 in the official Pickleball Rule Book reads: *Players shall not call a ball “out” unless they can clearly see a space between the line and the ball as it hits the ground.* This helps, but taken too literally it might mean the same shot could be called in or out depending on the position of the player making the call.

I went looking to see if research could help clarify just how accurate our perception is of balls hitting lines. I couldn't find any studies related specifically to Pickleball, but this has been looked at quite a bit for tennis. Although tennis balls and Pickleballs bounce differently, the research suggests we should be humble when making close line calls.

Studies show most people are pretty accurate at making line calls, with some caveats. One study had tennis pros, including players, spectators, line judges and referees, make calls during play. Which group made the most incorrect calls? The players themselves. Which means in recreational play, you might be your own worst judge. Studies also show that sideline calls are generally more accurate than baseline calls, because the ball is generally traveling parallel to the sideline, giving the viewer a better chance of lining up the contact point.

Having learned the limitations of correctly calling close shots, I frequently remind myself: if the ball isn't clearly out, it's in.



Skills and Drills at Wyndham Hills

Thursday morning Skills and Drills held at Wyndham Hills Park in Sun Prairie are weekly clinics that are offered for 2.0, 2.5, 3.0 and 3.5 skill level players. The sessions are led by area 4.0+ skill level players with the goal of working on basic Pickleball skills. An example of some of the skills that are drilled are: dinking, volley, serve, return of serve, 3rd/5th shot drops, drives, movement/footwork, partnership on the court and other skills to help players become more consistent with their shots and therefore improve their game. Skills and Drills are co-sponsored by CAPA and the City of Sun Prairie Park, Recreation and Forestry Department and run from June 8th through August 3rd. There will be no session on July 13 due to the Madtown Pickleball Open. Sign up is sent out to appropriate skill level players through CAPA and sign up genius. Players must sign up to attend. There is no charge for these sessions.



48-48-48 Pickleball Challenge

On May 16 the 48-48-48 Pickleball Challenge was hosted by the city of Sun Prairie Parks, Recreation and Forestry Department at Wyndham Hills Park Pickleball complex. On May 1, Dean Matt, a Pickleball player and pilot, left Sarasota, Florida to set a new Pickleball record. In a 30-day period, Dean played one game of Pickleball in 44 states before returning to Florida at the end of May. Upon arrival at the Wyndham Hills courts, Dean and Rod Anderson, a Pickleball friend from Nebraska, were welcomed with polka music and the smell of Johnsonville brats on the grill. Helping Dean set this record were Dave Weinbach and Tracy Chynoweth. About 150 people showed up to watch some Pickleball and enjoy a cookout after the men were done playing. A donation box was set up and \$800 was raised and donated to the Sun Prairie Emergency Food Pantry. A good time was had by all!



Dean Matt (left) going for the record for the most states in which a Pickleball game was played in 30 day period in 44 state. Rod Anderson is pictured on the right.

New Courts Update

The number of Pickleball courts in the area is growing rapidly! Thanks to some great partnerships with local Parks Departments, these new courts are beautiful and have the features of all great Pickleball courts.

Check out the four new courts in Cottage Grove →

And be sure to visit the six new courts in Oregon in Jaycee Park:



In other news, the Fitchburg Common Council approved a budget amendment to enhance the current eight courts in McGaw Park. The enhancements include: more slats for wind mitigation, a new concrete walkway and waiting/social area, and new picnic tables.

The Self-Rated Dilemma: Common Misconceptions and Disappointments

By David Mott, IPTPA Level II Teaching Professional

As a Certified Ratings Specialist, I review the shot skills and playing strategies of players at a variety of skill levels. Players are sometimes surprised at the results but are always happy to learn about their strengths, weaknesses, and what it is they need to do to bridge the gap between their current and desired level of play.

There are common misconceptions among players about self-rated skill levels for three primary reasons. The first is shot capability. The variety of forehand and backhand shots that a player is required to perform in the rating process is measured by success and consistency; for each rated skill level these shots must be successful at a minimum rate of success. For lower skill levels some shots require that a player make a successful shot ten out of every twenty times (50%), at higher levels that minimum success rate rises to over 70%. The mistake that most self-rated players make is rating themselves higher than reality; the fact that they can make shots required of higher skill levels confuses them into believing that they should be rated at that level. If they cannot make those shots at the minimum rate of success at the skill level for which they rate themselves, then they are overrated.

The second mistake that players make in self-rating is their assessment about the manner in which they play; their use of strategies. A fundamental requirement of strategy is correct court positioning and player responsibility for the first four shots of each rally, yet I still encounter self-rated players at the 3.5 level that follow their serve deep into the court or don't attempt to make it to the kitchen after hitting the return of serve.

The third mistake that self-rated players make is not knowing what it takes to be a good partner on the court. Without a common plan, both understood by and appreciated by each partner in their team goal of winning each point, you simply have two single players and their strategies on the same side of the net against two other singles games on the opposite side of the net. Sure, we all have an idea of what the desired outcome looks like and are pleased when we win points, but how we got to that state is often due to a fortunate set of circumstances, not via a plan or strategy that is common to each rally and can be replicated in future points. This is the essence of strategy at the advanced level of play; not only can advanced players make the shots at an acceptable success rate, they can join their partners in a common goal of using proven strategies to win points. A follow-up article will describe the steps that a team needs to take in order to be more effective, win more points, and have more fun.



CAPA Player Profile Bob and Carol Rasins

Bob and Carol Rasins started playing Pickleball in the summer of 2021. Bob plays 5-6 days a week, and Carol plays about 3-4 days a week, both year round.

Why do they like to play? “Because it’s fun! It’s competitive, it’s great exercise for the body and the mind (esp. when trying to remember the score and whose serve it is 😊). As you begin to understand the game better, you realize that there is so much more to the game than just “banging” the ball back and forth. The learning never ends. BUT the absolute best part are all of the people and the culture.”

Their favorite times to play for them is when they are playing some highly competitive games with just a few close friends on a Sunday afternoon.

When not playing Pickleball, Bob is always thinking about playing Pickleball: “Hey it’s addictive, right?” They look to see how they can create activities and events related to the local Waunakee Pickleball community so they can share with others their same enjoyment of the experience. “As this wonderful game continues to grow in popularity, it is important that every player, new and experienced, continue to live the culture that the game created. Be competitive but be respectful, welcome all others to play, help new players, play by rules, and most importantly, have fun!”

Outside of Pickleball, they enjoy Badger football, travel, cooking, and experiencing Madison’s various restaurants. Of course, most important to them is spending time with family and friends, typically centered around good food and conversation. They also have to constantly entertain their very active 2-year-old Golden Retriever, Jasper. They just can’t figure out how to get him to retrieve the Pickleball’s without eating them. 😊

Lastly, as Bears fans, they are most looking forward to Bears and Packers games without Aaron Rodgers.



CAPA Board Elections

Each year several board position terms expire and we elect new officers shortly after the Annual Meeting In August. The Nominating Committee is seeking interested individuals who would like to run for one of the open board positions. The CAPA Board consists of 9 members including a President, Vice President, Secretary, Treasurer and five(5) at large members. The Board has overall governing authority of the Association consistent with the Bylaws. The term of office for each Board member is two years and coincides with the fiscal year which runs from Sept 1st to August 31st. The board meets monthly and board members are also involved in various ad-hoc activities throughout the course of the year. This year we have four board positions up for election:

President

Secretary

Two At-Large Positions



We are excited about the growth in our sport and the corresponding growth in our membership base. We know there are some very passionate and qualified individuals amongst our membership group who would like to step up to leadership positions within CAPA and be great additions to the board. Should you have an interest in throwing your name in the election process or would like to learn more about the positions, please contact one of the members of the Nominating Committee noted below. Our goal is to have the candidates identified by July 10th. Thanks in advance.

Jerome Klein jeromelklein@gmail.com

Karen Jerg kpjerg@charter.net

Heidi Lawton phlawton@charter.net



CAPA Members To Vote on Bylaw Amendments

A major revision to the CAPA governing documents is on the agenda for this year's annual meeting, Thursday, August 17, just before the CAPA Cup Tournament.

Pickleball's explosive growth nationwide has been mirrored by a huge increase in CAPA membership and activities (the tournament itself being a prime example), and with it has come an increasing burden on the fairly small group of CAPA organizers. The Bylaw revisions – and corresponding changes to the Policy Compendium – that members will vote on at the annual meeting are designed to establish a strong structure for the organization to spread the workload around to meet its added responsibilities going forward.



You can read a synopsis of the proposed changes [here](#), see the changes themselves [here](#), check out what the revised Bylaws (post-amendment) would look like [here](#), and view changes to the Policy Compendium [here](#).

All CAPA members are encouraged to familiarize themselves with the proposed changes and mark their calendars now to attend the annual meeting where they'll be discussed and voted upon.

Pickleball Pictures from Around the Area



Representing CAPA in San Diego



Group Play at Pickle Pro Courts



Dave Weinbach, Dean Matt, Rod Anderson, and Tracy Chynoweth playing in the 48-48-48 Challenge



Pickles and Beer Social Play at Sunset at McGaw Park



Smiling, yet fierce, competitors 😊



The future of Pickleball...is now 😊

Fun Prairie Open



Flight 1 Winners



Flight 2 Winners



Flight 3 Winners



3.0 Men Winners



3.0 Women Winners



3.5 Men Winners

Have pictures you want to share? Send them our way:

pickleball@capareapb.com

www.capareapb.com

More Fun Prairie Open



3.5 Women Winners



3.5 Mixed Doubles Winners



4.0 Men Winners



4.0 Women Winners



4.0 Mixed Doubles Winners



Fun Prairie Open in Action

DINK WISCONSIBLY!